Facials

Anti-Aging Radiant Glow
80 minutes | $235
With anti-aging as the focus, our stem factor serum delivers growth factors and stability, which activates more receptors and enhances results. It gently restores the repair process, stimulating new cells to build collagen and elastin and reverse the aging process. Visibly reducing lines and wrinkle depth, it delivers a smoother surface and long-term protection of the skin. Micro-current technology tones and firms the muscles of the face. Red LED light therapy rejuvenates and repairs the deepest layers of the skin. This revolutionary de-aging facial delivers healing, rejuvenating and hydrating benefits to the skin.

Gentlemen’s Facial
50 minutes | $165  80 minutes | $235
Men have specific skin needs, and an increasing number are experiencing the benefits of facials designed especially for them. This deep cleansing yet soothing treatment begins with a thorough and refreshing pore cleanse and then transitions to a soothing and calming hydration treatment for the skin. Facial, neck and scalp massage are included. Great for reducing shaving irritation.

“Turn off your mind, relax, and float downstream.”
— John Lennon
Journey to Bliss with Mountain Quartz Energy
80 minutes | $235

Local mountain gemstones create healing energy as your facial is customized to your specific needs. A complex mixture of igneous, sedimentary and metamorphic rock, North Carolina’s ancient Blue Ridge Mountains contain some of the richest deposits of gems and minerals in the world. Quartz crystals are known to regenerate cells and rejuvenate the skin, also for their ability to heal, cleanse, balance and strengthen the energy centers resulting in physical, mental and emotional well-being. A gentle hand and foot massage brings you even deeper into tranquility on this blissful journey.

Holistic Facial
50 minutes | $165       80 minutes | $235
Awaken your senses to the vibrancy of holistic skin care. Skin specific cocktails of rejuvenating hydrators, essential vitamins, botanicals and antioxidants restore balance and harmony for your entire being.

Vitamin-A Facial Infusion
50 minutes | $165
Restore your vital radiance with the first non-acid peel that creates an increase in fibroblast activity without trauma. This intensive clinical facial reduces fine lines to smooth, soften and urge cellular renewal. All skin types will benefit now and over time from this therapeutic treatment delivered according to your needs. Warm towels with soothing massage techniques restore beauty and balance inside and out.

Signature Experiences
Sweet Mountain Metamorphosis
110 minutes | $275
Your experience begins with a symbolic foot wash using local mountain herbs. The journey continues with gentle dry brushing to remove dead skin cells while activating toxin removal via the lymph system. You then relax into a deep surrender while enjoying the long strokes of a rhythmic massage. Finally, melt into complete bliss with touches of Cranial Sacral Therapy—a gentle, noninvasive form of bodywork that releases compression alleviating stress and pain. Complete your metamorphosis into sublime inner peace while basking in the embrace of a warm and nourishing cocoon. The dry brush is yours to keep so that you can continue your healing practices.

Bliss For Two Massage
50 minutes | $330  80 minutes | $470
Share the experience with custom massages in our beautiful couple's suite with candles and aromatherapy.

Be Still and Know:
Cranial Sacral Therapy
80 minutes | $235
By complementing your body's natural healing processes, we have the ability to bolster the immune system affecting a wide range of medical problems associated with pain and dysfunction. Using a soft, intuitive touch, your therapist will perform a hands-on evaluation of the craniosacral system while releasing restrictions in the soft tissues surrounding the central nervous system, which improves function creating profound balance, well-being and deep peace. Wear loose, comfortable clothes.

Hot River Stone Massage
80 minutes | $235
Let the warmth and energy of smooth river rocks melt away your body's tension and stress. A warming and soothing massage. (Light to medium pressure)

Four Hand Massage
50 minutes | $235
Body, mind and spirit unite as two skilled therapists massage in synchronized harmony. The effect of this beautiful massage is absolute surrender into relaxation. This unforgettable experience delivers double the results.
Thai Massage
80 minutes | $235
Our Thai massage technique incorporates stretching, palming and pressure points over the entire body while you are comfortably clothed. Energy meridian work and yoga-like stretching invigorate and balance the body and mind. This technique enhances strength, flexibility and relaxes sore or tense muscles. Thai massage helps recapture lost range of motion from stiffness, sports injuries, arthritis or other debilitating diseases. By encouraging lymphatic function, the body detoxifies, heightening the immune system and preventing disease and injury. 
Wear loose, comfortable clothes.

Mother to Be Massage
80 minutes | $235
Treat yourself to well-deserved nurturing during this sacred time of your life. 
(During the second and third trimester only)

Customized Massage
50 minutes | $165  80 minutes | $235
An experienced therapist will tailor the massage to your individual needs based on your input.

Ashiatsu Oriental Bar Therapy
80 minutes | $235
Using the deepest massage technique available, therapists use their feet as massage tools, while supporting themselves from bars on the ceiling, making use of their knees, elbows, and palms where necessary. Ashiatsu applies therapeutic pressure to reduce stress and promote a greater sense of well-being, relax muscles, improve circulation and boost the immune system.

Ultimate Foot Massage: Integrative Reflexology
50 minutes | $165
Treat your feet and increase energy flow with an invigorating foot scrub, pressure points and foot massage.

Essential Touch Immunity Boost
50 minutes | $165
Keep your body strong with our healing aromatherapy massage. Focusing only on the back, neck and feet you will experience a variety of amazing therapeutic oils penetrating deeply into the tissue and the senses. Leave feeling relaxed, refreshed and ready to take on the elements.
“How beautiful it is to rest and then do nothing afterward”
- Spanish proverb
Bathing Ritual

Luxurious Bath Ritual
110 minutes | $275

Begin with an ancient tradition of exfoliation, followed by our inspired massage. Immerse yourself in this ritual of luxury while soaking away stress with wild crafted and organic oils which heal deeply and soften the skin.
Feel the connection with earth’s elements—native stone and wood, glowing fires and healing mineral waters.

**Body Treatments**

 мерил Blue Ridge Rain Forest (self-application)
30 minutes | $90 per person
In our exotic steam chamber, embark on a journey of sensation with self-applied aromatic body wash, cleansing scrubs and detoxifying mud. The Rainforest Rejuvenation Room produces an intermittent steam and rain shower rinse with pulse-point water massage. Individuals and couples can enjoy this beautiful journey.

**Skin Nourishing Body Polish**
80 minutes | $235
Restore your skin to its natural glow. This wholesome treatment is followed by a massage with rich body butter, together regenerating the skin and protecting against premature aging.

**Anti-Stress Mud Mask**
80 minutes | $235
Detoxify with gentle exfoliation. Wrapped in a warm cocoon, mineral rich mud detoxifies, calms and soothes the body from the inside out. Rinse away the mud and return to the table for a luxurious massage.

**Acupuncture**
(Available Fridays and Saturdays; non-needle options available))

**Abundant Energy, Restful Sleep**
50 minutes | $165
Restore your natural ability to feel free and easy. Relax and let go of resistance. Tap into sustainable energy by increasing restful sleep.

**Finding Peace**
80 minutes | $235
This extended session may include tuina body work, cupping, gua sha and acupuncture.

**The Ultimate Relief**
110 minutes | $275
For those who want the most thorough and comprehensive evaluation and treatment that classical Chinese medicine has to offer.
À La Carte Enhancements

(Add-on only)

Glistening Body Polish
30 minutes | $85
Restore your skin to its natural glow and suppleness with this perfect add-on to your service.

Collagen Eye Treatment $25
Diminish signs of aging around the delicate eye, including dark circles and puffiness. Relax the built-up stress from eye-strain, computer headaches and seasonal allergies.

Lips $25
Gentle exfoliation and pure collagen transform dull, dry lips to lusciously soft.

Back Scrub $35
Show some love to this often neglected part of your body with a detoxifying scrub that sloughs off dead skin, revealing a smooth and radiant-looking back.

Ultimate Foot Massage
30 minutes | $85
Treat your feet and increase your energy flow with an invigorating foot scrub, pressure points and foot massage.

Makeup Services

Daytime Application $50
Get a fresh look you’ll love with healthy makeup that leaves your skin looking clear, smooth and radiant.

Event and Evening Application $75
Update your elegant look with our healthy skin care makeup.

Makeup Lesson
$75 (and 20% off makeup purchase day of lesson)
Learn how to enhance your natural beauty with Mineral Makeup, ideal for all skin types. Your makeup artist will color match and suggest palettes that compliment your skin, while teaching techniques that bring out your best features.
À La Carte Hair Services

Blow Out Style $55
Personalized Cut and Style $85
Full Color $85
Balayage Highlights $125 (hand-painted)
Partial Balayage Highlights $95 (hand-painted)
Halo Highlights $65 (focus on crown and part)

Add-on only
Bright Blonde Radiance and Repair $25
(softens damaged hair)
Glaze for Beautiful Color $25
(adds shine and brightens color)
Eyelash or Eyebrow Tinting $35

Gentlemen’s Hair Services
Gentlemen’s Shampoo, Cut and Style $45
Dry Cut $35 | Beard and Mustache Trim $25

Nail Services

Hot Souffle Manicure and Pedicure
110 minutes | $150
Relax with a warm, hydrating soak followed by a revitalizing exfoliation, relaxing foot massage, luxurious eco-fin treatment for intense hydration and natural nail and cuticle care. Finish with your choice of polish or buffing.

Spa Luxury Pedicure
75 minutes | $85
A rejuvenating and deeply hydrating exfoliation is followed by a lavish foot massage. Natural nail and cuticle care are included. Finish with your choice of polish or buffing.

Classic Manicure 50 minutes | $45
Classic Pedicure 50 minutes | $50
Polish Change $20
Express Manicure $35
Express Pedicure $40

Waxing Services

Lip, Chin, Eyebrow, Face, Neck
Underarm, Bikini, Arm and Leg
From $20

“Give your stress wings
and let it fly away”
~ Carin Hartness
RESERVATIONS
To ensure your preferred treatments and times, we strongly recommend scheduling your spa services well in advance of your visit. A credit card is required at the time of booking services.

Please notify our Spa Concierge before booking treatments if you are pregnant or have allergies, high blood pressure, any physical ailments or disabilities.

ARRIVAL AND CHECK-IN
Please arrive at least 30 minutes prior to your scheduled appointment time to allow for proper check-in and changing and to enjoy the spa amenities prior to your treatment. If you arrive late, we will be unable to extend your treatment time and you will miss the benefits of a full treatment. Full or partial refund will not be given to guests who arrive after their scheduled appointment time.

CUSTOMER REQUESTS
You may request a specific gender Massage Therapist while booking an appointment. We will do our best to accommodate your request, however we cannot guarantee availability.

ELECTRONIC DEVICES
The Spa is a device-free zone. To ensure the peace and privacy of all our guests, we do not allow any electronic devices in any areas of the spa, including the Spa Café.

GRATUITY POLICY
For your convenience, a 20% gratuity is added to all spa and salon services, including spa packages. Any additional gratuities are at your discretion.

SPA ATTIRE
For your comfort, a locker, robe and slippers are provided. You can disrobe to your comfort level. Proper draping techniques are always used to protect your privacy and comfort. You may choose to bring a bathing suit for use in the whirlpool.

CANCELLATION POLICY
If you cancel your appointment within 24 hours you will be charged in full.

If you reschedule your appointment within 24 hours, you will be charged 50% of the treatment cost, in addition to the full price of your rescheduled treatment.

WHILE YOU’RE HERE
Allow time to browse our Spa Boutique for unique gifts and goodies for the mind, body and spirit. We carefully select hand-crafted, fair-trade and organic products with an emphasis on natural, sustainable ingredients that nourish our bodies and tread softly on our planet.

Dine amid nature’s beauty in our Spa Café. Enjoy healthy, refreshing fare, premium teas, fresh juices and other beverages in a soothing environment of stone, wood and retractable glass walls for an alfresco feeling throughout the year.

OLD EDWARDS GIFT CARDS
Gift Cards are valid for overnight accommodations at Old Edwards, Half-Mile Farm, 200 Main; spa and salon treatments; golf at Old Edwards Club; dining on property and shopping at our retail locations.

HOURS OF OPERATION
9am - 6pm (seasonal - hours may vary)
Surrender yourself to the healing energy of the North Carolina Mountains and the pure bliss of The Spa at Old Edwards Inn.